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Event Region	All Regions	▼	
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└ Virginia Navigator

- $\square$  Senior Navigator
- $\square$  disAbility Navigator
- $\Box$  VeteransNavigator

#### Search



May 14 Class - Workshop

#### How-to's of Medical Cannabis

Tuesday 5/14/2024 1:00 - 2:30pm Charlottesville Area



May 14 Class - Workshop

# <u>Chronic Disease Self Management Program ~</u> <u>VIRTUAL</u>

Tuesday 5/14/2024 1:30 - 4:00pm Tidewater/Chesapeake



May 14 Class

### **Good Start Parkinson's Educational Program**

Tuesday 5/14/2024 5:30 - 7:00pm Richmond Area



May 14 Support group

# Free Virtual Richmond Brain Tumor Support Group

Tuesday 5/14/2024 6:30 - 8:00pm Statewide



May 14 Class

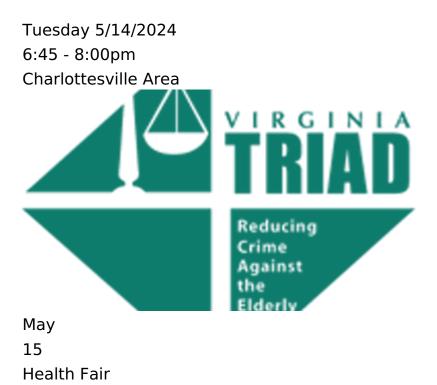
## Yoga for Caregivers

Tuesday 5/14/2024 6:30 - 7:30pm Harrisonburg/Staunton/Lexington



May 14 Class - Workshop

### **Families Anonymous**



**Rockingham-Harrisonburg TRIAD Senior Fair** 

Wednesday 5/15/2024 8:30am - 12:30pm Harrisonburg/Staunton/Lexington



May 15 Class

### A Matter of Balance

Wednesday 5/15/2024 9:00 - 11:00am Roanoke Valley



May 15 Class - Workshop

## **Hearing Health**

Wednesday 5/15/2024 10:00 - 11:00am Charlottesville Area



May 15 Health Fair

#### **George Mason University Wellness Event**

Wednesday 5/15/2024 10:00am - 2:00pm Northern Virginia



May 15 Health Fair

## **Richmond Resource Fair, Disabilities**

Wednesday 5/15/2024 10:30am - 2:00pm Richmond Area



May 15 Webinar

# <u>Cultivating Caregiving ~ Seeds of Sorrow,</u> <u>Gardens of Growth</u>

Wednesday 5/15/2024 1:00 - 2:15pm Statewide

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