

## **Mental Health Skill-Building, Lynchburg**

Age Requirements

18 and over

Documents Required

Call for details

Intake Process

Call for an assessment.

Intake Contact Telephone

(434) 239-2004

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

835

Report Problems

Call the Agency

Self Refer

Yes

Anderson Counseling Services

<https://andersoncounselingservices.com/>

<https://andersoncounselingservices.com/mental-health-skill-building/>

Main

(434) 239-2004

434 Graves Mill Road

Building 100, Suite 1

24502 VA

United States

Additional Availability Comments

Call for appointment times.

Fee Structure

Fee Range

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Call for Information

Payment Method(s)

Private Pay

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Medicaid

Languages Spoken

English

Mental Health Skill-Building services meet the needs of clients experiencing difficulties due to emotional, behavioral and mental health issues. Service includes efficient delivery of:

- Assist in overcoming emotional and behavioral barriers to vocational success;
- Training in community living skills;
- Monitoring of housing, financial, medical, educational, rehabilitative and psychiatric services;
- Training opportunities to promote and encourage healthy leisure activities.

MHSS is for adults experiencing but not limited to:

- Depression,
- Anxiety,
- Substance use,
- Autism,
- Physical or sexual abuse,
- Schizophrenia,
- Bipolar Disorder,
- Attention Deficit and Hyperactivity Disorder (ADHD),
- Anger,
- Self-harming behaviors,
- Post-Traumatic Stress Disorder,
- Mood Swings.

Service Area(s)

Campbell County

,

Lynchburg City