

## **Congregate Meals, Norton**

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Persons age 60 and older

Intake Contact Email

info@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Provider Refer

Yes

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

201 East Park Avenue Northeast

24273 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

English

Norton Parks and Recreation provides a congregate nutrition sites which serve a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music, storytelling, quilting, and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

The meal site is open Monday and Friday at the Norton Community Center from 9:00AM until 1:00PM.

Service Area(s)

Norton City

Email

[kristen.rutherford@meoc.org](mailto:kristen.rutherford@meoc.org)